

Winter Trip Packing List

- mask (one will be provided for your groups and we will have extra)
- Bible
- Notepad/Pen
- One Piece Swimsuit or Tankini for girls/Swim Shorts for guys
(The Retreat Center has a pool and we are at the beach, but it will probably be too cold to swim)
- Beach Towel
- Comfortable shoes
- Casual clothing for worship services
- Sleepwear
- Clothing for the appropriate weather. Be sure to check the weather at Gulf Shores!
- Clothes and shoes for beach games one day.
- Personal hygiene items
- Wash Cloths and Towels (The Retreat Center does not provide towels)
- Snacks
- Card Games/board games
- Medication if needed (Turn in to an Adult)
- Pillow and Bedding for a twin bed or you can bring a sleeping bag

Money Needed For

Food

- Supper on the way to the Beach (Will be Fast Food)
- Lunch in Foley (Will be Fast Food)
- Dinner in Birmingham (Will be Fast Food)

Extra Spending Money (optional)

- To buy snacks at Gas Station/Bathroom Breaks
- Any souvenirs